



2026 Summer Lunch Menu



This two-week, rotating menu will be offered Monday - Friday, from June 15th - August 26th (excluding June 19th and July 3rd).

Each meal bag distributed includes both breakfast and lunch items for that day.
Meals are free to all children and teens 18 and under.

Monday	Tuesday	Wednesday	Thursday	Friday	Offered
BREAKFAST					
Nutrigrain Bar (1 oz) String Cheese (1 oz) Juice (4 fl oz) Milk (8 fl oz)	Fruit and Oat Square (1 oz) String Cheese (1 oz) Orange (4 oz) Milk (8 fl oz)	Cereal/Granola (1 oz) Yogurt (1 oz) Apple (4 oz) Milk (8 fl oz)	Bagel or English Muffin (1 oz) Cream Cheese (1 oz) Orange (4 oz) Milk (8 fl oz)	Fruit and Oat Square (1 oz) String Cheese (1 oz) Apple (4 oz) Milk (8 fl oz)	Breakfast offered every week.
LUNCH					
Ham and Cheese Sandwich Whole Wheat Bread (1 oz) Deli Slices (2 oz) Cheese Slice (1 oz) Veggies (2oz) Fruit Cup (4 oz) 1% Milk (8 fl oz)	Hummus Wrap Whole Wheat Tortilla (1.5 oz) Chickpeas (2 oz) Sliced Cucumber and Pepper (2 oz) Cheese Slice (1 oz) Goldfish (0.5 oz) Orange (4 oz) 1% Milk (8 fl oz)	Peanut Noodles Whole Wheat Noodles (4 oz) Chicken or Tofu (2 oz) Peanut Sauce (1 oz) Peas and Carrots (2 oz) Apple (4 oz) 1% Milk (8 fl oz)	Bean Burritos Whole Wheat Tortilla (1 oz) Bean & Cheese mix (2 oz) Veggies (2 oz) Orange (4 oz) 1% Milk (8 fl oz)	Santa Fe Chicken wrap Whole Wheat Tortilla (1 oz) Chicken strips (2 oz) Salsa (1 oz) Shredded Cheese (1 oz) Carrots (2 oz) Apple (4 oz) 1% Milk (8 fl oz)	Weeks of: June 15th June 29th July 13th July 27th August 10th August 26th
Peanut Butter & Jelly Sandwich Whole Wheat Bread (1 oz) Adams Peanut butter (1 oz) Homemade Jelly (0.5 oz) Veggies (2 oz) Fruit Cup (4 oz) String Cheese (1 oz) 1% Milk (8 fl oz)	Turkey and Cream Cheese Wrap Whole Wheat Tortilla (1.5 oz) Deli slices (2 oz) Cream cheese (1 oz) Carrots and Greens (2 oz) Goldfish (0.5 oz) Orange (4 oz) 1% Milk (8 fl oz)	Pesto Pasta Salad Whole Wheat Noodles (4 oz) Tomato & Summer Squash (2 oz) White Beans & Mozzarella (2 oz) Apple (4 oz) 1% Milk (8 fl oz)	Pizza Roll-ups Whole Wheat Tortilla (2 oz) Lentil Marinara Sauce (3 oz) Shredded Mozzarella (1 oz) Veggies (2 oz) Orange (4 oz) 1% Milk (8 fl oz)	Three Sisters Taco Salad Beans (2oz) Squash (2oz) Corn (1 oz) Corn chips (1 oz) Dressing (1 oz) Apple (4 oz) 1% Milk (8 fl oz)	Weeks of: June 22nd July 6th July 20th August 3rd August 17th

We strive to utilize local products whenever possible; fruit and vegetable sides are subject to change due to pricing and availability.

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To learn more about Summer Lunch, visit gallatinvalleyfoodbank.org/get-help/summer-meals/ or call us at 406-587-4486.