



A PROGRAM OF  HRDC

### WHAT IS HEALTHY KIDSPACK?

A partnership between your school and the HRDC that provides free, nutritious bags of snacks and simple meals to students to take home for the weekends.

### HOW DOES KIDSPACK WORK?

Every Friday afternoon, your child will receive a KidsPack bag from school in their backpack or locker. Participation is discreet and confidential. With Healthy KidsPack, you can stretch your family's budget and save time and energy on meal prep!

### WHO CAN SIGN UP?

Healthy KidsPack is for everyone! Any family with children in grades K-12 can sign up. We only need your signature and child's name below.

**BAGS CONTAIN HEALTHY, KID-FRIENDLY ITEMS THAT ARE EASY TO PREPARE. ITEMS CYCLE EACH WEEK AND INCLUDE A VARIETY OF FUN FOODS SUCH AS KRACKLIN KAMUT, MAC & CHEESE, OATMEAL AND MORE!**

To learn about the HRDC's Child Nutrition programs, including Healthy KidsPack, contact

Olivia Smart:

[kidspack@thehrdc.org](mailto:kidspack@thehrdc.org)

406-545-2028

Or visit

[gallatinvalleyfoodbank.org](http://gallatinvalleyfoodbank.org)

and click "Childhood Nutrition."

SIGNING UP IS EASY! SIMPLY (X) AND SIGN BELOW AND RETURN THIS BOTTOM SECTION TO YOUR CHILD'S TEACHER OR SCHOOL'S FRONT OFFICE. YOUR CHILD WILL THEN START RECEIVING KIDSPACKS THE NEXT WEEK. YOU CAN DISENROLL AT ANY TIME.

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YES, I WISH FOR MY CHILD,  
IN THE KIDSPACK PROGRAM.

\_\_\_\_\_  
TO PARTICIPATE

PARENT SIGNATURE \_\_\_\_\_