A PROGRAM OF HRDC

Summer Lunch Program Menu 2020

Attention Parents: This two week menu will be rotated throughout the program beginning in Belgrade and Bozeman June 15th with the last lunch offered on August 28th.
Meals are free to all children 18 and under, parents are encouraged to purchase a meal ($4.00) and eat with their child. Please remember that all meals must be consumed on-site where lunches are served. This is the policy from the State Office of Public Instruction and required for reimbursement of meals served. Happy summer and thank you in advance for your participation and cooperation!

Monday	Tuesday	Wednesday	Thursday	Friday	Offered
Ham and Cheese Sandwich Deli slices (2 oz.) Slice cheese (1 oz.) Whole Wheat Bread (2 oz.) Apple Slices (4 oz.) Veggie Dippers (2oz) & dressing (1 oz.) 1% Milk (8 FL oz.)	**Turkey and Cream Cheese Wrap** Deli slices (2 oz.) Cream cheese (1oz) Whole Wheat Tortilla (1oz) Shredded Carrot and Greens (2 oz.) Orange (4oz) 1% Milk (8 FL oz.)	**Pasta Salad With Lentils or Beans** Whole wheat noodles (2oz) Lentils or beans (2 oz.) Apple slices (4oz) Peas & Carrots (2oz) 1% Milk (8 FL oz.)	**Black Bean Wrap** Black Beans (2 oz.) Cabbage (2 oz.) Whole wheat tortilla (1 oz.) Fiesta corn salad (2 oz.) Orange slices (4oz) 1% Milk (8 FL oz.)	**Chicken Ranch Wrap** Chicken strips (2oz) Whole wheat tortilla (1 oz.) Veggie Dippers (2oz) Fresh Fruit (4oz) 1% Milk (8 FL oz.)	Weeks of June 15th June 29th July 13th July 27th August 3rd August 17th
Peanut Butter & Jelly Sammy's Peanut butter (1oz) Jelly (.5oz) Whole Wheat Bread(1oz) Fruit Cup(4oz) Veggie Dippers (2 oz.) String cheese (1 oz.) 1% Milk (8 FL oz.) *alternative protein available for those with nut allergies	**Santa Fe Chicken wrap** Chicken strips (2oz) Salsa (1 oz.) Shredded Cheese (1 oz.) Whole wheat tortilla (1 oz.) Carrot Stix (4 oz.) Orange (4oz) 1% Milk (8 FL oz.)	**Veggie Hummus Wrap** Chickpeas (2 oz.) Shredded Carrot and Sliced Pepper (2 oz.) Whole wheat tortilla (1 oz.) Fiesta corn salad (2 oz) Orange slices (4oz) 1% Milk (8 FL oz.)	**Sesame noodles** Whole wheat noodles (4oz) Chicken or Tofu (2oz) Peanut Sauce (1oz) Apple slices (4 oz) Peas and Carrots(2oz) 1% Milk (8 FL oz.)	**Three Bean Taco Salad** Beans (2oz) Corn chips (2oz) Salad Greens (2oz) dressing (1oz) Applesauce Cups (4oz) 1% Milk (8 FL oz.)	Weeks of June 22th July 6th July 20th July 29th August 10th August 24th

Please note we strive to utilize local products whenever possible, Fruit and Vegetable sides are subject to change due to pricing and availability.
On the last day of the program we serve Pizza. **No lunch service on July 3rd**

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To learn more about Summer Lunch or our other programs visit GALLATINVALLEYFOODBANK.ORG or Call us at 406-587-4225.